



Office of the Metropolitan Archbishop
 The Archdiocese of the Southeastern States and Missionary Dependencies
 The Evangelical Orthodox Catholic Church in America



Presiding Archbishop-Abbot
 Order of the Most Holy Mary Theotokos
 "Benedictines of Mary, Old Catholic Marianists"

Most Reverend Doctor Robert Francis Jangro, O.S.S.T., O.C.R.

February 21, 2020
 Friday of the Sixth Week in Ordinary Time

To: All the Faithful in Christ

SUBJECT: 2020 Lenten/Easter Message

Lent is nearly upon us. During Lent, we enter into a season of preparation, self-reflection, and repentance when we seek to literally "turn around" and realign our lives and focus toward God. It is a time to give up things as well as take on new life-giving practices, helping us rid ourselves of distractions and our own selfish desires. By doing so, we seek to live and love as more faithful disciples of Jesus Christ.

The Easter Season, also known as Eastertide or the Great Fifty Days, begins on Easter Day and ends on Pentecost. Focusing on Christ's resurrection and ascension and the sending of the Holy Spirit (Pentecost), Eastertide is the most joyous and celebrative season of the Christian year. We celebrate the good news that in Christ's death and resurrection we, and all creation, are continually being made new by God's love and saving grace.

My dear brothers and sisters in Christ, I encourage you to take this opportunity to deepen your own spiritual journeys and for reaching out to your communities to share this season's message of love, hope, and transformation.

Faithfully and Fondly Your Servant in Christ through Mary,

Dom ++ Robert

Most Reverend Doctor ✠✠ Robert Francis Jangro, O.S.S.T., O.C.R.
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 Theotokos ~ "Benedictines of Mary, Old Catholic Marianists"
 President, Agnus Dei Theological Seminary

